

# Hormone Balancing Workshop

**Tired of being tired?  
Not feeling like yourself lately (or for a long time)?  
Frustrated with being misunderstood by your  
medical providers?**

Learn what creates a state of imbalance  
Learn more about the how your symptoms are connected  
Learn about simple changes you can make that create change  
Learn about bio-identical options, their safety and  
how they differ from their traditional counterparts

**Saturday, March 13, 2010**

**11:00 am to 1:15 pm**

**Success Naturally Yoga Center**

**3539-A. S. Lone Pine**

**(across from Sequiota Park)**

**417-877-9642**

**\$30.00 per person**

**Presented By:**

**Betsy Bradshaw-Burris, R.Ph., E-RYT**